

Joseph R. Lynch, MD, FAOA, FAAOS

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Partner, The Shoulder Clinic of Idaho
Fellowship-Trained Shoulder & Elbow Surgeon
Board-Certified Orthopaedic Surgeon,
Certificate of Added Qualification Sports Medicine
Affiliate Faculty, Idaho State University (2017 – Present)
Associate Professor of Surgery, Uniformed Services University of the Health Sciences (2016-2018)
Voluntary Assistant Clinical Professor, University California San Diego (2014-2016)
Fellow, American Orthopaedic Association
Fellow, American Academy of Orthopaedic Surgeons

EDUCATION

UNIVERSITY OF WASHINGTON

2002 – 2008
Seattle, WA

- **Fellowship:** Shoulder & Elbow Surgery
- Department of Orthopedics & Sports Medicine (2007-2008)
- **Residency:** Orthopedic Surgery
- Department of Orthopedics & Sports Medicine (2003-2007)
- **Internship:** General Surgery
- Department of General Surgery (2002-2003)
- **Honors:**
 - Frank B. Smith Resident Research Award, 2003
 - Orthopedic Rehabilitation Association Research Award, 2005
 - Frank B. Smith Resident Research Award, 2005
 - American Journal of Orthopedics Resident Writer's Award, 2006
 - Victor Frankel Basic Science Research Award, 2006
 - Frank B. Smith Resident Research Award, 2006
 - Ruth Jackson Orthopedic Society Resident Research Award, 2007
 - Esther Whiting Research Award, 2007
 - Victor Frankel Basic Science Research Award, 2007

OREGON HEALTH SCIENCES UNIVERSITY

1998 – 2002
Portland, OR

- **Degree:** M.D., *Summa Cum Laude*
- **GPA:** 4.00

EDUCATION (continued)

OREGON HEALTH SCIENCES UNIVERSITY

1998 – 2002
Portland, OR

- **Activities/Organizations:**
 - AOA, OHSU Chapter, Vice President
 - OHSU Alumni Association Executive Board, Board Member
 - Oregon Medical Association Board of Trustees, Board Member
 - Military Medical Student Association, OHSU Chapter, Founder & President
 - Armed Forces Health Professions Scholarship Program, Lieutenant, MC, USNR
- **Honors:**
 - Junior AOA
 - Gerlinger Research Award
 - OHSU Academic Excellence Award
 - Robert F. Miller Foundation Award
 - Merck Award for Academic Excellence
 - Dean's Recognition Award

HARVARD UNIVERSITY

1994 – 1998
Cambridge, MA

- **Degree:** A.B., *Magna Cum Laude* with High Honors
 - Environmental Science & Public Policy
- **GPA:** 3.72
- **Activities/Organizations:**
 - Varsity Football (Division I-AA): Free-safety & cornerback
 - ARTS First Executive Board: Student-athlete & ROTC representative
- **Honors:**
 - John Harvard Scholar of Highest Academic Achievement Award
 - Harvard College Scholar Award
 - Harvard Faculty of Arts and Sciences Scholar Award
 - Blumberg Creative Science Award

EDUCATION (continued)

MASSACHUSETTS INSTITUTE OF TECHNOLOGY

1994 – 1998
Cambridge, MA

- **Course of Study:** Naval Science
- **GPA:** 3.90
- **Naval Reserve Officers Training Corps – Offices held:**
 - Battalion Executive Officer, 1998
Commanded 150 midshipmen from MIT/Harvard/Tufts
NROTC Consortium
 - Academic Officer, 1997
 - Recruiting Officer, 1996
 - Assistant Operations Officer, 1995
- **Honors:**
 - Naval ROTC Admiral’s Scholar
 - American Legion Award for Academic Excellence
 - NROTC Performance Award
 - Navy League of the United States – Most Outstanding Midshipman

LICENSURE

- **Medical Licensure:** Unrestricted, physician and surgeon
 - MD00047517 (Washington)
 - MD150231 (Oregon)
 - M-12678 (Idaho)
 - C130493 (California – retired 4/14/16)

CERTIFICATION

- **American Board of Orthopaedic Surgery:** 31 December 2030
 - Board Certified in Orthopaedic Surgery
 - Certificate of Added Qualification (CAQ) in Sports Medicine

CERTIFICATION (continued)

- **American Board of Orthopaedic Surgery:** 31 December 2030
 - Part 1, July 2007 = Passed; 249 raw score; (99th percentile)
 - Part 2, July 2010 = Passed; (numerical scores not given)
 - Sports Medicine Subspecialty Examination, October 2013 (98th percentile)
 - Re-certification Combined Orthopaedic Surgery & Sports Medicine Subspecialty Examination, October 2018 (93rd percentile)
- **U.S. Medical Licensing Examination:** Passed
 - Step 1, June 2000 = 257 raw score; (99th percentile)
 - Step 2, Sept 2001 = 255 raw score; (96th percentile)
 - Step 3, June 2003 = 241 raw score; (97th percentile)

PROFESSIONAL DEVELOPMENT & CERTIFICATION COURSES

- Basic Life Support, 2016
- AOA Emerging Leaders Program, 2013
- Combat Extremity Surgical Course, 2011
- AOA Emerging Leaders Program, 2010
- AAOS/OREF/ORS Clinician Scientist Development Program, 2006
- AOA/OREF Resident Leadership Forum, 2006
- AO ASIF Basic Trauma Course, 2005
- Advanced Cardiac Life Support, 2002

HOSPITAL PRIVILEGES

- | | | |
|-----------------|---|--|
| 2016 – Present | • | Treasure Valley Hospital. Boise, Idaho |
| 2016 – Present | • | St. Luke’s Health System. Meridian, Idaho. |
| 2016 – Present | • | Saint Alphonsus Regional Medical Center. Boise, Idaho. |
| 2/2016 – 6/2016 | • | Naval Hospital Camp Pendleton. Department of Orthopaedics, Oceanside, California. |

HOSPITAL PRIVILEGES

(continued)

- 2011 – 2016 • **Naval Medical Center San Diego.** Department of Orthopaedics, San Diego, California.
- 2011 – 2016 • **Oasis Surgery Center.** San Diego, California.
- 2011 – 2016 • **San Diego Sports and Minimally Invasive (SMI) Surgery Center.** San Diego, California.
- 2012 – 2013 • **Landstuhl Regional Medical Center.** Department of Orthopaedics, Landstuhl, Germany.
- 2008 – 2011 • **Naval Hospital Bremerton.** Department of Orthopaedics, Bremerton, Washington.
- 2009 & 2011 • **Naval Hospital Oak Harbor.** Visiting staff surgeon, Department of Orthopaedics, Oak Harbor, Washington.
- 2002 – 2008 • **University of Washington Medical Center.** Department of Orthopaedics & Sports Medicine, Seattle, Washington.

FACULTY APPOINTMENTS

- 2017 – Present • **Affiliate Faculty.** Physician assistant studies, Idaho State University, Pocatello, Idaho.
- 2016 – 2018 • **Associate Professor of Surgery.** Department of Surgery, Uniformed Services University of the Health Sciences (USUHS), Bethesda, Maryland.
- 2013 – 2016 • **Director.** Division of Sports Medicine & Shoulder Surgery. Department of Orthopaedics, Naval Medical Center San Diego, San Diego, California.
- 2014 – 2016 • **Voluntary Assistant Clinical Professor.** Department of Orthopaedic Surgery, University of California, San Diego, Health Sciences, San Diego California

FACULTY APPOINTMENTS

(continued)

- 2011 – 2015 • **Assistant Professor of Surgery.** Department of Surgery, Uniformed Services University of the Health Sciences (USUHS), Bethesda, Maryland.
- 2/2012 – 7/2012 • **Interim Director.** Division of Sports Medicine & Shoulder Surgery. Department of Orthopaedics, Naval Medical Center San Diego, San Diego, California.
- 2009 – 2012 • **Affiliate Instructor.** Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine, Seattle, Washington.
- 2009 – 2011 • **Orthopaedic GME Coordinator.** Family Practice Residency Program, Naval Hospital Bremerton.
- 2007 – 2008 • **Acting Instructor.** Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine, Seattle, Washington.

COMMITTEE APPOINTMENTS

- Sept-Oct, 2018 • **American Orthopaedic Association**
- Abstract Review Taskforce
- 2016 – 2018 • **American Shoulder and Elbow Surgeons**
- Education Committee
- 2012 – 2016 • **Patient Relations Advisory Board**
- Surgical Services Representative & Board Member
- Naval Medical Center San Diego, San Diego, CA.
- 2009 – 2011 • **Medical Records Committee**
- Chairman
- Naval Hospital Bremerton, Bremerton, Washington.
- 2009 – 2011 • **Executive Committee of the Medical Staff**
- Surgical Services Representative & Board Member
- Naval Hospital Bremerton, Bremerton, Washington.
- 2009 – 2011 • **Graduate Medical Education Committee**
- Orthopaedic GME Coordinator & Board Member

COMMITTEE APPOINTMENTS

(continued)

- Family Practice Residency Program, Naval Hospital Bremerton, Bremerton, Washington.

EDITORIAL/REVIEWER ACTIVITIES

- 2015 – Present • **Journal of Shoulder and Elbow Surgery:** Active reviewer
- 2014 – Present • **American Journal of Sports Medicine:** Active reviewer
- 2012 – Present • **Orthopedics:** Active reviewer
- 2010 – Present • **Clinical Orthopaedics & Related Research:** Active reviewer

COURSE FACULTY

- Nov 11-12, 2022 • **Continuum of Care in the Shoulder: Zimmer Biomet
Las Vegas, NV
Fellows Course**
 - Course Faculty:
 - How would you treat this biceps pathology
 - What options do I have for instability
 - Glenoid evaluation, preop planning, and templating
 - Which options to consider – Stem vs Stemless shoulder arthroplasty
- September 10, 2022 • **Innovations in Sports Medicine: Zimmer Biomet
Nashville, TN**
 - Course Faculty:
 - How do you attack your rotator cuff repair
 - How would you treat this biceps pathology
 - What options do I have for instability
- August 11-13, 2022 • **Americas Residents Course, Zimmer Biomet
Las Vegas, NV**
 - Course Faculty:
 - Rotator cuff & impingement, the essentials
 - Shoulder instability, the essentials

COURSE FACULTY (continued)

- June 15-18, 2022
Coronado, CA • **San Diego Shoulder Institute's 39th Annual Meeting**
- Course Faculty
 - Fracture management – Proximal humerus?
 - Relieve surgery – Stemless total shoulder arthroplasty
 - EPIC Lab: Anatomic & reverse total shoulder arthroplasty
 - Catalyst Luncheon – Stem or stemless arthroplasty – who is using it and why?

- May 24, 2022
Virtual meeting • **Shoulder arthroscopy insights and education, Zimmer Biomet**
- Course Faculty:
 - Comprehensive experience for the novice to the experienced sports medicine sales representative

- November 30, 2021
Virtual meeting • **Philosophical differences in reverse TSA & Considerations when moving from one philosophy to another, Catalyst OrthoScience**
- Course Faculty:
 - Transition to the R1 from a 135-degree NSA implant.

- November 13, 2021
Bellevue, WA • **2021 Northwest Sports Medicine Summit, Zimmer Biomet**
- Course Faculty:
 - SCR, Rotator cuff, and managing biceps

- June 18-19, 2021
Austin, TX • **2021 Shoulder Symposium, Catalyst OrthoScience**
- Course Faculty:
 - Billing, Coding & Collections
 - Outpatient Shoulder Arthroplasty
 - Total Shoulder Arthroplasty: Approach, releases, & retractors
 - Cadaveric lab instructor: Stemless CSR total shoulder arthroplasty

- June 4-5, 2021
Virtual meeting • **San Diego Shoulder Institute's 38th Annual Meeting**
- Course Faculty
 - Open Bankart Repair: A Lost Art?
 - Panel Discussion: Primary Instability

- May 15, 2021
Scottsdale, AZ • **Innovations in Sports Medicine; Zimmer Biomet**
- Faculty Instructor: Sports Medicine Upper Extremity
 - Challenges in Rotator Cuff Surgery
 - Challenges in Labral repair surgery
 - Biceps Tenodesis debate

COURSE FACULTY

(continued)

- January 23-25, 2019 • **2020 Americas Sales Meeting; Zimmer Biomet**
San Diego, CA
- Course Faculty
 - Zimmer Biomet Sports Medicine: labrum and biceps

- June 19-22, 2019 • **San Diego Shoulder Institute's 36th Annual Meeting**
San Diego, CA
- Course Faculty
 - Shoulder Arthroplasty Cadaver Lab, 19 June 2018
 - Case presentation: Young Athlete with traumatic instability and 10% glenoid bone loss, 20 June 2018
 - Case outcome: Young Athlete with traumatic instability and 10% glenoid bone loss, 20 June 2018

- June 19-22, 2019 • **San Diego Shoulder Institute's 36th Annual Meeting**
San Diego, CA
- Course Faculty: continued
 - Panel Discussion: Instability - Anterior instability in the young athlete, 20 June 2018
 -

- June 14, 2019 • **OHSU Orthopedic Residency Shoulder Arthroplasty Lab**
Portland, OR
- Faculty Instructor
 - Anatomic and reverse Total Shoulder Arthroplasty

- Sept 14-15, 2018 • **Fellows Bio-skills Course: Continuum of Care in the Shoulder. Zimmer Biomet.**
Parsippany, NJ
- Faculty Instructor: Sports Medicine Upper Extremity
 - “Impingement syndrome: A spectrum of disease”
 - “Shoulder instability: The essentials”

- June 20-23, 2018 • **San Diego Shoulder Institute's 35th Annual Meeting**
San Diego, CA
- Course Faculty
 - Arthroscopic skills session, 20 June 2018
 - Lab faculty assist, 22 June 2018
 - Assessor SCOI row, 22 June 2018

- April 20-21, 2018 • **Fellows Bio-skills Course: Continuum of Care in the Shoulder. Zimmer Biomet.**
Scottsdale, AZ
- Faculty Instructor: Sports Medicine Upper Extremity
 - “Impingement syndrome: A spectrum of disease”
 - “Shoulder instability: The essentials”

COURSE FACULTY

(continued)

- October 13-14, 2017 • Rosemont, IL
 - **AOSSM Surgical Skills Course The Cutting Edge 2017: Arthroscopic and Open Techniques in the Athlete's Shoulder**
 - Faculty Instructor
 - “Iliac crest reconstruction of the shoulder”, 13 October 2017
 - Panel member: “Cases in the Shoulder that taught me something”, 14 October 2017

- June 22-25, 2016 • San Diego, CA
 - **San Diego Shoulder Institute's 33rd Annual Meeting**
 - Faculty Instructor
 - Arthroscopic skills session, 22 June 2016
 - “FAST” system knot tying evaluation, 23 June 2016
 - Arthroscopy/Latarjet cadaver lab, 24 June 2016
 -

- October 5-7, 2015 • San Diego, CA
 - **British Orthopaedic Association Travelling Fellow Host - Jeremy Granville-Chapman, MBBS, MD, FRCS (Tr&Ortho)**
 - Host 2015 BOA Ram Kumar Chatterjee upper extremity fellow
 - Coordinated shoulder arthroplasty cadaveric lab, clinical and operative experience concerning primary and revision shoulder cases, and didactic lectures regarding the same.

- June 17-20, 2015 • San Diego, CA
 - **San Diego Shoulder Institute's 32nd Annual Meeting**
 - Faculty Instructor
 - Arthroscopic skills session, 17 June 2015
 - Arthroscopy/Latarjet cadaver lab, 19 June 2015
 - Personalized instructional cadaver lab float, 19 June 2015

- February 06, 2015 • San Diego, CA
 - **Thirty-second Annual Malcolm B. Coutts Visiting Professorship, San Diego Orthopaedic Society**
 - Panel Member
 - Session II – Sports injuries

- June 18-21, 2014 • San Diego, CA
 - **San Diego Shoulder Institute's 31st Annual Meeting**
 - Faculty Instructor
 - Arthroscopic cadaver lab, 20 June 2014

COURSE FACULTY

(continued)

- January 24, 2014
San Diego, CA
 - **Thirty-first Annual Malcolm B. Coutts Visiting Professorship, San Diego Orthopaedic Society**
 - Panel Member
 - What's new in Sports Medicine: ACL, rotator cuff, & concussion

- June 12-15, 2013
San Diego, CA
 - **San Diego Shoulder Institute's 30th Annual Meeting**
 - Faculty Instructor
 - Arthroscopic cadaver lab, 14 June 2013
 - Arthroplasty cadaver lab, 14 June 2013

- June 20-23, 2012
San Diego, CA
 - **San Diego Shoulder Institute's 29th Annual Meeting**
 - Faculty Instructor
 - Arthroscopic skills lab, 20 June 2012
 - Arthroscopy cadaver lab, 22 June 2012
 - Arthroplasty cadaver lab, 22 June 2012
 - Arthroplasty cadaver lab, 23 June 2012

- May 16, 2012
San Diego, CA
 - **NMCSD/UCSD Resident Research Symposium**
 - Program Chairman

- Dec 13 - 16, 2011
San Diego, CA
 - **Society of Military Orthopaedic Surgeons, 53rd Annual Meeting**
 - Moderator, Instructional Course Lecture
 - What's the latest and greatest: Optimizing surgical outcomes in the elite warrior through surgical techniques and technology.

- Dec 13 - 16, 2011
San Diego, CA
 - **Society of Military Orthopaedic Surgeons, 53rd Annual Meeting**
 - Moderator, General Scientific Session: Sports & upper extremity.
 - Moderator, Instructional Course Lecture
 - A joint like no other: Diagnosis and challenges of common problems in elbow surgery.

- Sept 26 - 30, 2010
Tracy, CA
 - **2010 ABC Arthroscopy Workshop**
 - Course Instructor
 - Department of Orthopaedics & Sports Medicine, University of Washington.

PEER-REVIEWED PUBLICATIONS

- McNeil JW, Beaulieu-Jones BR, Bernhardson AS, LeClere LE, Dewing CB, **Lynch JR**, Sanchez G, Gross D, Provencher MT. Classification and analysis of attritional glenoid bone loss in recurrent anterior shoulder instability. *The American Journal of Sports Medicine*. 2017;45(4): 767-774.
- McDonald LS, Waltz RA, Carney JR, Dewing CB, **Lynch JR**, Asher DB, Schuett DJ, LeClere LE. Validation of varus stress radiographs for anterior cruciate ligament and posterolateral corner knee injuries: A biomechanical study. *The Knee*. 2016;23(6): 1064-1068.
- Eakin JL, Bailey JR, Dewing CB, **Lynch JR**, Provencher MT. Subpectoral Biceps Tenodesis. *Operative Techniques in Sports Medicine*. 2012;20(3):244-252.
- Olson S, Clinton JM, Working Z, **Lynch JR**, Warme WJ, Womack W, Matsen FA. Thermal effects of glenoid reaming during shoulder arthroplasty in vivo. *Journal of Bone and Joint Surgery (Am)*. 2011;93:11-19.
- Scheffel PT, Clinton J, **Lynch JR**, Warme WJ, Bertelsen AL, Matsen FA. Glenohumeral chondrolysis: A systematic review of 100 cases from the English language literature. *Journal of Shoulder and Elbow Surgery*. 2010;19(6):944-949.
- **Lynch JR**, Clinton JM, Dewing CB, Warme WJ, Matsen FA. Treatment of osseous defects associated with anterior shoulder instability. *Journal of Shoulder and Elbow Surgery*. 2009;18(2):317-328.
- Clinton JM, Warme WJ, **Lynch JR**, Lippitt SE, Matsen FA. Shoulder hemiarthroplasty with non-prosthetic glenoid arthroplasty: The ream and run procedure. *Techniques in Shoulder and Elbow Surgery*. 2009;10(1):43-52.
- Taitsman LA, **Lynch JR**, Agel J, Barei DP, Nork SE. Risk factors for femoral nonunion after femoral shaft fracture. *Journal of Trauma*. 2009;67(6):1389-1392.
- **Lynch JR**, Waitayawinyu T, Hanel DP, Trumble TE. Medial collateral ligament injury in the overhand-throwing athlete. *Journal of Hand Surgery (Am)*. 2008;33(3):430-437

PEER-REVIEWED PUBLICATIONS

(continued)

- Matsen FA, Clinton JC, **Lynch JR**, Bertlesen A, Richardson M. Glenoid component failure in total shoulder arthroplasty. *Journal of Bone and Joint Surgery (Am)*. 2008;90(4):885-896.
- **Lynch JR**, Taitsman LT, Barei DP, Nork SE. Femoral nonunion: Risk factors and treatment options. *Journal of the American Academy of Orthopaedic Surgeons*. 2008;16(2):88-97.
- **Lynch JR**, Franta AK, Montgomery WH, Lenters TR, Mounce D, Matsen FA. Self-assessed outcome at two to four years after shoulder hemiarthroplasty with concentric glenoid reaming. *Journal of Bone and Joint Surgery (Am)*. 2007;89(6):1284-1292.
- **Lynch JR**, Cunningham MR, Warne WJ, Schaad DC, Wolf FM, Leopold SS. Commercially-funded and U.S. based research more likely to be published; good-quality negative studies are not. *Journal of Bone and Joint Surgery (Am)*. 2007;89(5):1010-1018.
- **Lynch JR**, Jenkins MV, Smith DG, Bellabarba C. Bilateral exercise-induced compartment syndrome of the thighs and legs resulting in massive heterotopic ossification. *Journal of Bone and Joint Surgery (Am)*. 2006;88(10):2265-2269.
- **Lynch JR**, Schmale GA, Schaad DC, Leopold SS. Important demographic variables impact musculoskeletal knowledge and confidence of academic primary care physicians. *Journal of Bone and Joint Surgery (Am)*. 2006;88(7):1589-1595.
- **Lynch JR**, Gardner GC, Parsons RR. Musculoskeletal workload vs. musculoskeletal clinical confidence among primary care physicians in rural Oregon. *American Journal of Orthopedics*. 2005;34(10):487-491.
- **Lynch JR**, Hansen JE, Chaffoo R, Seyfer AE. The lower trapezius musculocutaneous flap revisited: Reconstruction based on the deep branch of the transverse cervical artery. *Plastic and Reconstructive Surgery*. 2002;109:444-450.

PEER-REVIEWED ABSTRACTS

- McNeil JW, Bernhardson A, LeClere LE, Dewing C, **Lynch JR**, Gaston T, Provencher M. Classifying GBL: Severity and attrition. Is there enough bone to reconstruct the glenoid? *The Orthopedic Journal of Sports Medicine*. 2(7)(Suppl 2). 2014 AOSSM Annual Meeting Abstracts
- **Lynch JR**, Altenburg AJ, Jackman TE, Tatsumi R, Freiss M, Gulati R, Fiamengo S. Residual paralysis in the post-anesthesia care unit in patients receiving neuromuscular blocking agents intraoperatively. *Journal of Investigative Medicine*. 2000;48:4A.

ACKNOWLEDGEMENTS

- Emerson GB, Warne WJ, Wolf FM, Heckman JD, Brand RA, Leopold SS. Testing for the presence of positive-outcome bias in peer review: A randomized controlled trial. *Archives Internal Medicine*. 2010;170(21):1934-1939.

*“Additional Contributions: **Joseph R. Lynch, MD**, provided considerable help in the early design process and test manuscript creation”*

GRANTS

2000 – 2002
Portland, OR

- Gerlinger Research Grant: Reid JB, **Lynch JR**, Herzberg A, Orfaly R. Segmental analysis of capsular plastic deformation following anterior shoulder dislocation and repair: **Awarded \$14,500.**

BOOK CHAPTERS & NON PEER-REVIEWED PUBLICATIONS

- **Lynch JR**, CORR Insights: Are age and patient gender associated with different clinical improvement after reverse shoulder arthroplasty. *Clin orthop Relat Res*.2018:476;1274-1275.
- **Frank R, Loeffler B, Lynch J**. Elbow stiffness and contractures. <https://www.orthobullets.com/shoulder-and-elbow/3087/elbow-stiffness-and-contractures>. 2017-2018 ASES Education committee Orthobullets update project.

BOOK CHAPTERS & NON PEER-REVIEWED PUBLICATIONS

(continued)

- **Day M, Loeffler B, Lynch J.** Elbow arthritis. <https://www.orthobullets.com/shoulder-and-elbow/3084/elbow-arthritis>. 2017-2018 ASES Education committee Orthobullets update project.
- **Yoon R, Loeffler B, Lynch J.** Osteochondritis Dissecans of Elbow. <https://www.orthobullets.com/shoulder-and-elbow/3085/osteochondritis-dissecans-of-elbow>. 2017-2018 ASES Education committee Orthobullets update project.
- Rosenthal MD, Moore JH, **Lynch JR.** Impingement syndrome. In: *Clinical Orthopaedic Rehabilitation: A Team Approach, 4th Edition*. Eds. Giangarra CE, Manske RC, & Brotzman. Elsevier, 2017.
- **Lynch JR.** Tears of the rotator cuff tendon. *Objective Medical Assessments Corporation: OMAC Educational Feature*. July 2014.
- **Lynch JR.** The stiff and painful shoulder. *Objective Medical Assessments Corporation: OMAC Educational Feature*. February 2013.
- **Lynch JR, Matsen FA.** Unsatisfactory outcomes of primary shoulder arthroplasty. In: *Revision and Complex Shoulder Arthroplasty*. Eds. Cofield RH & Sperling JW. Lippincott Williams & Wilkins., 2010.
- **Lynch JR.** Examination of the shoulder. *Objective Medical Assessments Corporation: OMAC Educational Feature*. March 2010.
- **Lynch JR.** Work related injuries of the elbow. *Objective Medical Assessments Corporation: OMAC Educational Feature*. February 2009.
- **Lynch JR, Schmale GA, Schaad DC, Leopold SS.** Knowing what our primary care providers need to know: Reply. *Journal of Bone and Joint Surgery (Am)*. 2007;89(2):451.

PEER-REVIEWED PRESENTATIONS

(lead author is presenting author)

- Dec 12-16, 2016
Olympic Valley, CA • Provencher MT, McNeil JW, Beaulieu-Jones BR, Bernhardson AS, LeClere LE, Dewing CB, **Lynch JR**, Sanchez G, Gross D. Classification and analysis of attritional glenoid bone loss in recurrent anterior shoulder instability. **Presentation:** Society of Military Orthopaedic Surgeons 58th Annual Meeting.
- April 14-16, 2016
Boston, MA • McDonald LS, Waltz RA, Carney JR, Dewing CB, **Lynch JR**, Asher DB, Schuett DJ, LeClere LE. Anterior cruciate ligament deficiency does not affect stress radiograph validity in posterolateral corner knee injuries. **Presentation:** Arthroscopy Association of North America 35th Annual Meeting.
- April 14-16, 2016
Boston, MA • Provencher MT, McNeil JW, Beaulieu-Jones BR, Bernhardson AS, LeClere LE, Dewing CB, **Lynch JR**, Sanchez G, Gross D. Classification and analysis of attritional glenoid bone loss in recurrent anterior shoulder instability. **Presentation:** Arthroscopy Association of North America 35th Annual Meeting.
- June 24-27, 2015
Providence, RI • McDonald LS, Waltz RA, Carney JR, Dewing CB, **Lynch JR**, Asher DB, Schuett DJ, LeClere LE. Anterior cruciate ligament deficiency does not affect stress radiograph validity in posterolateral corner knee injuries. **Poster Presentation:** 128th Annual Meeting, American Orthopaedic Association.
- April 15, 2015
San Diego, CA • McDonald LS, Waltz RA, Carney JR, Dewing CB, **Lynch JR**, Asher DB, Schuett DJ, LeClere LE. Anterior cruciate ligament deficiency does not affect stress radiograph validity in posterolateral corner knee injuries. **Presentation:** Navy Medicine West Academic Research Competition.
- Dec 15-19, 2014
Scottsdale, Arizona • McDonald L, Waltz R, Carney, J, LeClere L, Dewing CB, **Lynch JR**, Asher D, Schuett D. Anterior cruciate ligament deficiency does not affect stress radiograph validity in posterolateral corner injuries **Podium Presentation:** 56th Annual Meeting, Society of Military Orthopedic Surgeons.
- July 10-13, 2014
Seattle, Washington • Provencher MT, McNeil JW, Bernhardson A, LeClere L, Dewing CB, **Lynch JR**, Gaston T. Classifying glenoid bone loss: Severity and attrition.^[17] Is there enough bone to reconstruct the glenoid? **Podium Presentation:** 2014 Annual Meeting, The American Orthopaedic Society for Sports Medicine.

PEER-REVIEWED PRESENTATIONS

(continued)

- May 1-3, 2014
Hollywood, Florida
McNeil JW, Bernhardson A, LeClere L, Dewing CB, **Lynch JR**, Golijanin P, Gross D, Provencher MT. Comprehensive classification of glenoid bone loss and analysis of risk factors based on type of attritional bone loss. **Poster Presentation:** 2014 Annual Meeting, Arthroscopy Association of North America.
- Dec 13-17, 2013
Vail, Colorado
McNeil JW, Bernhardson A, LeClere L, Dewing CB, **Lynch JR**, Golijanin P, Gross D, Provencher MT. Classification of attritional glenoid bone loss: Is there enough bone to reconstruct the glenoid? **Podium Presentation:** 55th Annual Meeting, Society of Military Orthopedic Surgeons.
- June 5-8, 2010
San Diego, CA
Lynch JR, Zlomislic V, Clinton JM, Huber P, Warne WJ, Matsen FA. Arm position impacts suture tension in subscapularis repair: A biomechanical analysis. **Poster Presentation:** 123rd Annual Meeting, American Orthopaedic Association.
- February 25-28, 2009
Las Vegas, NV
Scheffel PT, Clinton JM, **Lynch JR**, Warne WJ, Matsen FA. Characteristics of chondrolysis associated with intra-articular pain-pumps after shoulder surgery. **Podium Presentation:** 76th Annual Meeting of the American Academy of Orthopaedic Surgeons.
- February 25-28, 2009
Las Vegas, NV
Olson SL, Clinton JM, Working Z, **Lynch JR**, Marong S, Warne WJ, Matsen FA. Glenoid reaming in shoulder arthroplasty can increase bone temperatures to lethal levels *in vivo*. **Poster Presentation:** 76th Annual Meeting of the American Academy of Orthopaedic Surgeons.
- February 25-28, 2009
Las Vegas, NV
Zlomislic V, **Lynch JR**, Clinton JM, Huber P, Warne WJ, Matsen FA. Repair site and arm position impact suture tension in subscapularis repair: A biomechanical analysis. **Poster Presentation:** 76th Annual Meeting of the American Academy of Orthopaedic Surgeons.
- February 16, 2007
San Diego, CA
Lynch JR, Schmale GS, Schaad DC, Leopold SS. Musculoskeletal knowledge and confidence of academic primary care physicians. **Podium Presentation:** Ruth Jackson Orthopaedic Society Annual Meeting held in concert with Annual Meeting of the AAOS. **RJOS Resident Research Award Paper.**

PEER-REVIEWED PRESENTATIONS

(continued)

- February 14-18, 2007 •
San Diego, CA • **Lynch JR**, Taitsman LA, Barei DP, Nork SE. Important patient variables increase odds of femoral diaphyseal nonunion following medullary nailing. **Podium Presentation:** 74th Annual Meeting of the American Academy of Orthopaedic Surgeons.
- February 14-18, 2007 •
San Diego, CA • **Lynch JR**, Cunningham MC, Warne WJ, Wolf FM, Leopold SS. Industry-funded and US research more apt to be published; good-quality negative studies are not. **Podium Presentation:** 74th Annual Meeting of the American Academy of Orthopaedic Surgeons.
- October 5-7, 2006 •
Phoenix, AZ • Taitsman LA, **Lynch JR**, Barei DP, Nork SE. Risk factors associated with femoral nonunion following closed medullary nailing. **Poster Presentation:** Orthopaedic Trauma Association Annual Meeting.
- Sept. 15-18, 2006 •
Stevenson, WA • **Lynch JR**, Cunningham MC, Warne WJ, Wolf FM, Leopold SS. Industry-funded and US research more apt to be published; good-quality negative studies are not. **Podium Presentation:** 81st Annual Meeting, North Pacific Orthopaedic Society. **Frank B. Smith Research Award Paper.**
- June 21-25, 2006 •
San Antonio, TX • **Lynch JR**, Schmale GA, Schaad DC, Leopold SS. Important demographic variables impact musculoskeletal knowledge and confidence of academic primary care physicians: **Special Emphasis Poster Presentation:** 119th Annual Meeting, American Orthopaedic Association.
- June 21-25, 2006 •
San Antonio, TX • **Lynch JR**, Matsen FA, Clinton JM. Ream and run – Avoiding the risks of polyethylene in shoulder arthroplasty: **Poster Presentation:** 119th Annual Meeting, American Orthopaedic Association.
- March 22-26, 2006 •
Chicago, IL • **Lynch JR**, Franta A, Montgomery WH, Lenters TR, Matsen FA. Functional recovery following humeral hemiarthroplasty with non-prosthetic glenoid arthroplasty. **Podium Presentation:** 73rd Annual Meeting of the American Academy of Orthopaedic Surgeons
- Sept. 15-18, 2005 •
Spokane, WA • **Lynch JR**, Schmale GA, Schaad DC, Leopold SS. Musculoskeletal competence of primary care physicians: **Podium Presentation:** 80th Annual Meeting, North Pacific Orthopaedic Society. **Frank B. Smith Resident Research Award Paper.**

PEER-REVIEWED PRESENTATIONS

(continued)

- Sept. 16-17, 2005 • **Lynch JR**, Parsons RR, Gardner GC. Musculoskeletal workload vs. musculoskeletal clinical confidence among primary care Physicians: **Podium Presentation:** 16th Annual Meeting, Orthopaedic Rehabilitation Association. **Vernon Nickle Award Paper.**
Seattle, WA
- August 14-17, 2003 • **Lynch JR**, Parsons RR, Gardner GC. The prevalence of musculoskeletal problems in rural practice and relative confidence of primary care physicians: **Podium Presentation:** 78th Annual Meeting, North Pacific Orthopaedic Society. **Frank B. Smith Resident Research Award Paper.**
Seattle, WA
- August 22-25, 2002 • Reid JB, **Lynch JR**, Colville MR, Motamedi AR. Injury pattern in skiers and snowboarders – A retrospective review from a large northwestern ski resort: **Podium Presentation:** 77th Annual Meeting, North Pacific Orthopaedic Society.
Portland, OR
- Sept. 14-17, 2000 • Reid J, Brenneke S, Herzberg A, **Lynch J**. Biomechanical evaluation of anatomic Bankart repair. **Podium Presentation:** 75th Annual Meeting, North Pacific Orthopaedic Society.
Blaine, WA
- February 9-12, 2000 • Freiss M, **Lynch JR**, Altenburg AJ, Jackman TE, Tatsumi R, Gulati R, Fiamengo S. Residual paralysis in the post-anesthesia care unit in patients receiving neuromuscular blocking agents intraoperatively. **Podium Presentation:** American Federation of Medical Research, Western Medical Research Forum, Carmel, California.
Carmel, CA
- May 6-7, 1998 • **Lynch JR**, Hulina S, Maguire JH. A prospective and spatial study of cutaneous leishmaniasis in northeastern Brazil (Baturite, Ceara State). **Podium Presentation:** Committee on degrees in Environmental Science & Public Policy, Harvard College and Harvard University School of Public Health.
Cambridge, MA

INVITED LECTURES

- November 16, 2022 • “Shoulder Instability: The essentials.” Mountain Land Physical Therapy In-service.
Meridian, ID
- September 21, 2022 • “Rotator Cuff & Shoulder Impingement: Where are we in 2022?”
Boise, ID
Treasure Valley Hospital Educational Symposium

INVITED LECTURES

(continued)

- September 14, 2022 • “Shoulder Instability: The essentials.”
Boise, ID Treasure Valley Hospital Educational Symposium
- April 20, 2018 • “Shoulder Pain: A simplified approach to a common
Boise, ID problem. Saint Alphonsus Spring Education Symposium.
- October 27, 2016 • “Shoulder Instability: Diagnosis and management.”
Boise, ID Idaho Industrial Commission’s Annual Worker’s Compensation Seminar.
- September 9, 2016 • “Rotator Cuff Tears – Acute, chronic, and somewhere in
Meridian, ID between.” As part of a symposium hosted by Intermountain Physical Therapy: Rotator Cuff Tears: Perspectives from surgery to rehabilitation.
- April 6, 2016 • “Shoulder arthroplasty – Anatomic and Reverse.” Anatomic lab and
San Diego, CA demonstration. Resident bio-skills lectures series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Hannah Kirby MD. Staff: Joseph Lynch, MD.
- February 18, 2016 • “Shoulder Instability II: Bone loss, revision and posterior instability.”
San Diego, CA San Diego Arthroscopy & Sports Medicine Fellowship. Scripps Clinic Carmel Valley, San Diego CA
- February 11, 2016 • “Shoulder Instability I: The basics.”
San Diego, CA San Diego Arthroscopy & Sports Medicine Fellowship. Scripps Clinic Carmel Valley, San Diego CA
- December 16, 2015 • “Basic shoulder arthroscopy – Anatomic lab and demonstration”
San Diego, CA Resident bio-skills Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Residents: Patrick Morrisey MD & Daniel Houskamp, MD. Staff: Joseph Lynch, MD.
- December 2, 2015 • “Basic knee arthroscopy – Anatomic lab and demonstration”
San Diego, CA Resident bio-skills Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Residents: Patrick Morrisey MD & Daniel Houskamp, MD. Staff: Joseph Lynch, MD
- October 21, 2015 • “Shoulder anatomy – cadaveric dissection and surgical approaches”
San Diego, CA Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Residents: Patrick Morrisey MD & Daniel Houskamp, MD. Staff: Joseph Lynch, MD.

INVITED LECTURES

(continued)

- October 14, 2015
San Diego CA

 - “Elbow & brachium – cadaveric dissection and surgical approaches”
Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Residents: Patrick Morrissey MD & Daniel Houskamp, MD. Staff: Joseph Lynch, MD.

- October 7, 2015
San Diego CA

 - “Total and reverse shoulder arthroplasty”
A cadaveric bio-skills session in conjunction with 2015 British Orthopaedic Association Ram Kumar Chatterjee Travelling Fellow. Naval Medical Center San Diego. Visiting Fellow: Jeremy Granville-Chapman, MBBS, MD, FRCS (Tr&Ortho), NMCSO Staff: Lucas McDonald, MD & Joseph Lynch, MD.

- August 28, 2015
San Diego, CA

 - “Physical examination of the shoulder.”
Visiting Medical Student Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.

- July 31, 2015
San Diego, CA

 - “Physical examination of the shoulder.”
Visiting Medical Student Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.

- May 13, 2015
San Diego, CA

 - “Shoulder Arthritis: A case-based presentation.”
Grand Rounds, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Nick Lopreiato, MD. Staff: Joseph Lynch, MD.

- March 4, 2015
San Diego, CA

 - “Shoulder Instability: A case based approach.”
Department of Orthopaedic Surgery, Naval Medical Center San Diego & UCSD Department of Orthopedics – Core curriculum lecture series.

- February 19, 2015
San Diego, CA

 - “Shoulder Instability II: Bone loss, revision and posterior instability.”
San Diego Arthroscopy & Sports Medicine Fellowship.
Scripps Clinic Carmel Valley, San Diego CA

- February 18, 2015
San Diego, CA

 - “The Throwing athlete”
Department of Orthopaedic Surgery, Naval Medical Center San Diego & UCSD Department of Orthopedics – Core curriculum lecture series.

- February 11, 2015
San Diego, CA

 - “Shoulder Instability I: The basics.”
San Diego Arthroscopy & Sports Medicine Fellowship.
Scripps Clinic Carmel Valley, San Diego CA

INVITED LECTURES

(continued)

- December 10, 2014 • “Basic Shoulder Arthroscopy – Anatomic lab and demonstration”
San Diego CA Resident Bios-skills Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Ryan Ponton, MD. Staff: Joseph Lynch, MD.

- October 8, 2014 • “Elbow & brachium – cadaveric dissection and surgical approaches”
San Diego CA Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Andrew Bernhardson, MD & Paul Stickels, MD. Staff: Joseph Lynch, MD.

- May 21, 2014 • “Rotator cuff injuries – a case-based presentation”
San Diego, CA Grand Rounds, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Dustin Schuett, MD. Staff: Lance LeClere, MD & Joseph Lynch, MD.

- February 27, 2014 • “Shoulder Instability II: Bone deficits & revision surgery.”
San Diego Arthroscopy & Sports Medicine Fellowship.
Scripps Clinic Carmel Valley, San Diego CA

- October 16, 2013 • “Elbow & brachium – cadaveric dissection and surgical approaches”
San Diego CA Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.

- October 9, 2013 • “Shoulder anatomy – cadaveric dissection and surgical approaches”
San Diego, CA Resident Anatomy Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.

- August 2, 2013 • “How to examine the shoulder”
San Diego, CA Visiting Medical Student Lectures Series, Department of Orthopaedic Surgery, Naval Medical Center San Diego.

- July 26, 2013 • “Shoulder Pain – History and physical examination”
Portland, OR Objective Medical Assessments Corp. Regional Lecture

- May 29, 2013 • “The Throwing athlete”
San Diego, CA Department of Orthopaedic Surgery, Naval Medical Center San Diego & UCSD Department of Orthopedics – Core curriculum lecture series.

- May 29, 2013 • “Clavicle, AC and SC injuries – a case-based presentation”
San Diego, CA Grand Rounds, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Gregory Staeheli, MD. Staff: Joseph Lynch, MD.

INVITED LECTURES

(continued)

- May 15, 2013
San Diego, CA
“Shoulder Instability – a cased-based presentation”
Grand Rounds, Department of Orthopaedic Surgery, Naval Medical Center San Diego. Resident: Joanne Elston, MD. Staff: Joseph Lynch, MD.
- May 15, 2012
San Diego, CA
“Shoulder Pain – Part 2, the physical examination.”
Department of Orthopaedic Surgery, Naval Medical Center San Diego.
- May 8, 2012
San Diego, CA
“Shoulder Pain – Part 1, the history and patient selection.”
Department of Orthopaedic Surgery, Naval Medical Center San Diego.
- April 25, 2012
San Diego, CA
“Evaluation of the painful shoulder.”
Internal Medicine Residency Program, Naval Medical Center San Diego.
- April 12, 2010
Wilsonville, OR
“Elbow Injuries.”
Oregon Workers Compensation Claims Association Spring Seminar.
- Nov 18, 2010
Silverdale, WA
“Shoulder and elbow problems in athletes.”
Central Kitsap High School.
- Nov 5, 2010
Portland, OR
“Work related injuries of the elbow.”
Sedgwick CMS.
- Oct 8, 2010
Bremerton, WA
“Cast and splint application to the upper and lower extremities.”
Family Practice Residency Program. Naval Hospital Bremerton.
- Jan 21, 2010
Bremerton, WA
“Ankle injuries: Evaluation and management.”
Family Practice Residency Program. Naval Hospital Bremerton.
- Nov 19, 2009
Silverdale, WA
“Common sports medicine procedures in a military practice”
Central Kitsap High School.
- Oct 21, 2009
Bremerton, WA
“Infection and orthopaedic implants.”
Faculty/Provider Meeting, Naval Hospital Bremerton.
- Oct 8, 2009
Bremerton, WA
“Common problems of the shoulder: Evaluation and management.”
Family Practice Residency Program. Naval Hospital Bremerton.

INVITED LECTURES

(continued)

- Nov 20, 2008
Silverdale, WA • “Sports medicine and the orthopaedic surgeon”
Central Kitsap High School.
- Oct 22, 2008
Bremerton, WA • “Physical examination of the shoulder.”
Family Practice Residency Program. Naval Hospital Bremerton.
- March 7, 2007
Seattle, WA • “Medial collateral ligament injury in the overhead throwing athlete.”
Grand Rounds, Dept. Orthopaedics, University of Washington.
- Nov, 2006
Seattle, WA • “Femoral nonunion: Risk factors and treatment options.”
Grand Rounds, Dept. Orthopaedics, University of Washington.

ONLINE MEDIA

- August 30, 2022 • Vumedi: “Relive Surgery: Stemless TSA
San Diego Shoulder Institute 2022
- August 30, 2022 • Vumedi: “Fracture management: Proximal humerus
San Diego Shoulder Institute 2022
- July 23, 2021 • Vumedi: “Open Bankart Repair: Still a Lost Art?
San Diego Shoulder Institute 2021
- Sept 2, 2019 • Vumedi: “Case Outcome: Young Athlete with Traumatic Anterior
Instability and 10% Glenoid Bone Loss.
San Diego Shoulder Institute 2019
- Sept 2, 2019 • Vumedi: “Case Presentation: Young Athlete with Traumatic Anterior
Instability and 10% Glenoid Bone Loss.
San Diego Shoulder Institute 2019

COMMUNITY & VOLUNTEER EXPERIENCE

- 2021 – 2022 • **American Shoulder and Elbow Surgeons mentorship program:**
Mentor: Mentor to American Shoulder and Elbow Surgeon candidate member, Dr. Samera Kasim, to promote education, practice management, research society interaction and advancement within ASES.

COMMUNITY & VOLUNTEER EXPERIENCE

(continued)

- 2018 – 2019

 - **American Shoulder and Elbow Surgeons mentorship program:** *Mentor:* Mentor to American Shoulder and Elbow Surgeon candidate member, Dr. Brendan Patterson (Assistant Professor, University of Iowa Department of Orthopedics) to furnish leadership, foster advances and enhance the study of shoulder and elbow surgery, promote education, practice management, academic advancement, research society interaction and advancement within ASES.

- 2011 – 2015
San Diego, CA

 - **Harvard University Student Admissions:** *Regional Interview Representative.* Conduct regional prospective-student admission interviews and provide written letters of recommendation to Harvard College Student Admissions Committee.

- December, 2012
Landstuhl, Germany

 - **United Service Organization:** *Volunteer*
Volunteer at Landstuhl Regional Medical Center Wounded Warrior USO center, a private, nonprofit, non-partisan organization whose mission is to support the troops by providing morale, welfare and recreation services.

- 2009 – 2012
Seattle, WA

 - **University of Washington School of Medicine:** *Affiliate Instructor.* Volunteer physician and clinical faculty within the Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine. Participating in continued academic research and resident education.

- 2000 – 2002
Portland, OR

 - **Military Medical Student Association:** *Chapter Founder & President.* Founded OHSU MMSA Chapter. Developed to further military support and cohesion among students, residents, and faculty at Oregon Health Sciences University School of Medicine.

- 1998 – 2002
Portland, OR

 - **United States Navy Recruiting District, Portland:** *ROTC/HPSP Advisor.* Advisor for Health Professions Scholarship Program and local ROTC battalions (University of Portland, University of Idaho, Oregon State University).

- Spring, 2000
Portland, OR

 - **Department of Biology, Jesuit High School:** *Visiting Lecturer.* Provided a series of lectures to Jesuit's biology classes on the fundamentals of gross anatomy, neuroanatomy, and human physiology.

COMMUNITY & VOLUNTEER EXPERIENCE

(continued)

- Winter, 1998
Portland, OR • **Jesuit High School Student Ministry: *Senior Leader.*** Assistant leader for the Junior Encounter – a retreat program helping students explore their relationships with friends, family and God through reflection, group discussion, and prayer. St Benedict’s Lodge, OR.
- 1998 – 2001
Portland, OR • **Athletic Department, Portland State University: *Volunteer.*** Assisted team physicians during home events (men’s wrestling and women’s basketball).
- Summer, 1997
Portland, OR • **Harvard Club of Oregon Community Service Fellow: *Community Service Fellow.*** Selected as a community service fellow by the Bureau of Study Counsel and the Harvard Club of Oregon. Assisted a grass roots organization (Oregon Fair Share) supporting efficiency and equality throughout Oregon’s public education system. Coordinated political leadership, business management, school administrators, parents and students.

WORK EXPERIENCE

THE SHOULDER CLINIC OF IDAHO

- 2016 – Present • **Orthopedic Surgeon**
 - Partner
 - Board-certified, fellowship-trained shoulder & elbow surgeon
 - Affiliate Faculty, Idaho State University, Pocatello, Idaho

UNITED STATES NAVY

- 1994 – 2016 • **Commander (O-5), Medical Corps, USN**
Awards/Ribbons:
 - 2013 - 2014 Resident Teacher of the Year Award
 - Navy and Marine Corps Commendation Medal
 - Navy and Marine Corps Commendation Medal, gold star in lieu of second award.
 - Army Commendation Medal
 - National Defense Medal
 - Global War on Terrorism Service Medal
 - Sea Service Deployment Ribbon

WORK EXPERIENCE

(continued)

UNITED STATES NAVY

Awards/Ribbons (continued):

- Expert M9 Medal
- Marksman M16 Ribbon

2011 – 2016
San Diego, CA

- **Department of Orthopaedics, Naval Medical Center San Diego**
 - Staff physician

2013 – 2016
San Diego, CA

- **Director, Division of Sports Medicine & Shoulder Surgery**
 - Lead three fellowship-trained sports medicine surgeons, one registered nurse, two physician assistants, three active duty corpsman, and one civilian medical assistant.
 - Most clinically and surgically productive division within the department
 - Individually, most surgically productive member of the department (2011-2012 & 2013-2014)
 - Mentor 20-25 orthopedic surgical resident physicians and visiting medical students each year regarding complex sports, shoulder and elbow conditions for ACGME accredited orthopedic residency program.
 - Chairman 2012 NMCSD/UCSD Resident Research Symposium
 - Board Member (DSS), Patient Relations Advisory Board.
 - Assistant Team physician to BUD/S & Navy Special Warfare Group 1: SEAL Teams 1, 3, 5, 7 and 17.

2009 – 2016
San Diego, CA

- **Academic Appointments:**
 - Associate Professor of Surgery, Uniformed Services University of the Health Sciences (2016 – 2018)
 - Assistant Professor of Surgery, Uniformed Services University of the Health Sciences (2011 – 2015)
 - Voluntary Assistant Clinical Professor, Department of Orthopedics, University of California San Diego (2014 – 2016)
 - Affiliate Instructor, Dept. of Orthopaedics, University of Washington School of Medicine

WORK EXPERIENCE

(continued)

UNITED STATES NAVY

2012 – 2013
Landstuhl, Germany

- **Navy Expeditionary Medical Unit – 13, Individual Augmentee:**
 - Volunteer unaccompanied deployment August 2012 – March 2013 in support of Operation Enduring Freedom (OEF)
 - Assigned to Landstuhl Regional Medical Center (Level 1 Trauma Center).
 - **Primary role:** Provide primary orthopedic trauma care and casualty reception for strategic evacuation between CENTCOM and CONUS for both inpatient and outpatient requirements to all medevacs from Afghanistan, Horn of Africa and Libya.
 - **Secondary role:** Mentor 8 orthopedic surgeons and prevent active duty, dependents and civilian beneficiaries from transfer to CONUS for further surgical and non-surgical management concerning complex and/or revision shoulder and elbow conditions.
 - Initiated ongoing process improvement project for the department of orthopedics and CMS focusing on efficient use and distribution of appropriate implant and consumable devices.
 - Coordinated in-service dry lab training session for all surgeons in the department, teaching basic skills of arthroscopic care of the shoulder.

2008 – 2011
Bremerton, WA

- **Department of Orthopaedics, Naval Hospital Bremerton**
 - Staff surgeon with subspecialty interest in shoulder & elbow
 - Mentor 4 staff orthopedic surgeons regarding complex shoulder and elbow conditions
 - Recognized for excellence as resident educator for the Family Practice Residency Program

Collateral Duties:

- Chairman, Medical Records Committee
- Surgical Services Representative to ECOMS
- Quality Assurance Officer, Department of Orthopaedics

Academic Appointment:

- Orthopaedic GME Coordinator, Family Practice Residency Program, Naval Hospital Bremerton
- Affiliate Instructor, Dept. of Orthopaedics, University of Washington School of Medicine

WORK EXPERIENCE

(continued)

UNITED STATES NAVY

- 2007 – 2008
Seattle, WA
 - **Navy Active Duty Delay for Specialists Program (NADDS):** Fellow, Division of Shoulder & Elbow Surgery, Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine.
- 2002 – 2007
Seattle, WA
 - **Navy Active Duty Delay for Specialists Program (NADDS):** Resident, Department of Orthopaedics & Sports Medicine, University of Washington School of Medicine.
- Fall, 2001
Bethesda, MD
 - **Medical Annual Training:** Department of Orthopaedics (Adult Reconstruction.), National Naval Medical Center. Mentor: Christian Christensen, MD, LCDR, USNR.
- Spring, 2001
San Diego, CA
 - **Medical Annual Training:** Department of Orthopaedics (Pediatric Orthopaedics), Naval Medical Center San Diego. Mentor: Bruce Gillingham, MD, CDR, MC, USN.
- Summer, 1997
Lemoore, CA
 - **Aviation Annual Training:** VFA 115 (F/A-18 squadron).
- Summer, 1996
Japan, Hong Kong,
Singapore
 - **Surface Warfare Annual Training:** USS Arkansas (CGN-41).
- Summer, 1995
San Diego, CA
 - **CORTRAMID:** Naval and Marine Corps Indoctrination.
- August, 1994
Newport, RI
 - **Officer Indoctrination School.**

DEPARTMENT OF ORTHOPAEDICS, UNIV. OF WASHINGTON

- 2007 – 2008
Seattle, WA
 - **Acting Instructor**
 - Staff physician and faculty within the Department of Orthopaedics & Sports Medicine. Full-time clinical and surgical practice performed in conjunction with fellowship in shoulder and elbow surgery.

WORK EXPERIENCE

(continued)

DEPARTMENT OF ANATOMY, OREGON HEALTH SCI. UNIV.

Summer, 2000
Portland, OR

- **Lab Assistant**
- Assisted preparation for Gross Anatomy, Imaging, and Embryology course, Medical School Curriculum Year I, Oregon Health Sciences University. Focus on Upper Extremity, Back, Head & Neck.

ATHLETIC DEPARTMENT, JESUIT HIGH SCHOOL

1997 – 1999
Portland, OR

- **Assistant Coach**
- Coached defensive backs and wide receivers, varsity and junior varsity. Full-time, paid, assistance coach during the 1997, 1998 & 1999 summers. Volunteer coach Thursday and Friday evenings during years 1998 & 1999.

NATIONAL SECURITY PROGRAM, HARVARD UNIVERSITY

1995 – 1998
Cambridge, MA

- **Research Assistant**
- Assisted upper echelon military fellows and staff of the National Security Program, John F. Kennedy School of Government, Harvard University.

DEPARTMENT OF BIOLOGY, HARVARD UNIVERSITY

1997 – 1998
Cambridge, MA

- **Teaching Fellow**
- Organized laboratory presentations and demonstrations for students of Harvard's Organism and Evolutionary Biology Course (Biological Sciences 2).

WORK EXPERIENCE

(continued)

BUREAU OF STUDY COUNSEL, HARVARD UNIVERSITY

1996 – 1998
Cambridge, MA

- **Award Peer Tutor**
- Nominated by faculty of Harvard's Economics, Biology, Physics Departments. Subsequently selected by the Bureau of Study Counsel for tutoring in Physics, Multivariate Calculus, Economics, Inorganic Chemistry, Organic Chemistry, and Spanish

PROFESSIONAL SOCIETIES

- **Current Memberships:**
 - American Academy of Orthopaedic Surgeons
 - American Association of Orthopaedic Surgeons
 - American Orthopaedic Association
 - American Shoulder and Elbow Surgeons
 - American Orthopaedic Society for Sports Medicine
 - Alpha Omega Alpha Honor Medical Society – lifetime member
 - Harvard Varsity Club – lifetime member
 - Ada County Medical Society
 - Idaho Medical Association
 - Idaho Orthopedic Association
 - Independent Doctors of Idaho
 - Independent Practitioners of Idaho